

## culinary delights

**breakfast THE COFFEE GRINDER** 33 Bannister's Wharf Tel: 401 841 4325 [www.bannistersnewport.com/coffee\\_grinder.aspx](http://www.bannistersnewport.com/coffee_grinder.aspx) Overlooking Newport Harbour you'll find The Coffee Grinder, an espresso and coffee shop. A perfect choice if you want to have breakfast or lunch while you watch boats glide by. If you're out late, you can stop off for a late night dessert to round off the evening. **OCEAN BREEZE CAFÉ** 580 Thames St Tel: 401 849 1750 Hearty sandwiches, large breakfast platters and fresh pastries draw people in daily. Service is good and prices are reasonable to high. **A LITTLE CAFÉ** 27 Connell Highway Tel: 401 849 0225 [www.alittlecafe.us](http://www.alittlecafe.us) Ideal for breakfast or lunch, with a variety of dishes on offer. They serve fresh pastries and support local businesses with their ingredients.

**lunch SEA SHAI** Hibachi Garden 14 Long Wharf Mall South Tel: 401 841 0051 [www.seashai.com](http://www.seashai.com) A classic steak house that serves beef, pork and seafood over an open grill with your own personal chef. A great place to stop after a morning's shopping on Thames Street and Brick Market. **SMOKEHOUSE CAFÉ** America's Cup Avenue Tel: 401 848 9800 [www.smokehousecafe.com](http://www.smokehousecafe.com) If you enjoy people watching and eating fresh barbecue ribs, then this is your kind of place. Outdoor covered lunch and dinner spot, right next to the America's Cup Avenue. **THE LANDING RESTAURANT & BAR** 30 Bowen's Wharf Tel: 401 847 4514 [www.thelandingrestaurantnewport.com](http://www.thelandingrestaurantnewport.com) Located at the end of Newport's historic Bowen's Wharf where food is served daily from 12pm to 9pm, featuring fresh seafood, lobster and steaks. You can dine outside on the patio, upstairs on the deck, or in one of the interior dining rooms.

## afternoon tea

**EMPIRE TEA AND COFFEE** 22 Broadway, Newport, RI 02840 Tel: 401 619 1388 [info@newportbubbletea.com](http://info@newportbubbletea.com) [www.newportbubbletea.com](http://www.newportbubbletea.com) Located in the heart of Newport, this place offers a diverse range of beverages, including loose leaf tea, bubble tea, Lassi and all the other traditional coffee and espresso drinks.

**aperitif POP** 162 Broadway, Newport Tel: 401 846 8456 [pcpetersen427@yahoo.com](mailto:pcpetersen427@yahoo.com) [www.popkitchenandcocktails.com](http://www.popkitchenandcocktails.com) A unique place to meet for dinner and drinks in a relaxed atmosphere. Whether it be by the fire, at the bar, at a table or sitting in the lounge area, you will be treated to good service, great food and a cosy, chic atmosphere. They have weekly entertainment, from live jazz to dancing on the weekends with some of the area's hottest DJs. **CHRISTIE'S** Forty 1<sup>st</sup> North Marina For thirsty crew coming off the water, every Tuesday night is Crew Night at Christie's, running June 17 through the end of the season. Beginning at 7pm, crew can enjoy al fresco food and drink specials on Christie's new patio and outdoor deck, with music and dancing getting underway at 9.30pm **BUSKERS** 178 Thames Street Tel: 401 846 5856 [www.buskerspub.com](http://www.buskerspub.com) A family owned Irish pub located in the heart of Newport. Renovated in 2003, the pub has an authentic and cosy atmosphere with live entertainment laid on weekly. **PINEAPPLES ON THE BAY** 1 Goat Island Tel: 401 851 1234 This place serves food, but it isn't an amazing menu. Nevertheless, sitting by the water makes up for this – you can listen to live entertainment, venture over to the raw bar for fresh oysters, or warm yourself by the outdoor fire pit.

**dinner THE BLACK PEARL** Newport Bannister's Wharf Tel: 401 846 5264 [info@blackpearlnewport.com](mailto:info@blackpearlnewport.com) One of Newport's best-known and best-loved restaurants in the Downtown area. This inexpensive place has been around for the last 34 years and has two different levels of dining available with its outside patio and bar and the classic Commodore's Room and Tavern inside. **CAFÉ ZELDA** 528 Thames Street Tel: 401 849 4002 [info@cafezelda.com](mailto:info@cafezelda.com) [www.cafezelda.com](http://www.cafezelda.com) Dinner seven nights a week, Sunday brunch and weekend lunch. Monday night is half price specials night and they do a good fixed price three-course menu on Tuesdays, Wednesdays and Thursdays. **LUCIA ITALIAN RESTAURANT AND PIZZERIA** 186B-190B Thames St Tel: 401 846 4477 [lucenn@cox.net](mailto:lucenn@cox.net) [www.luciarestaurant.com](http://www.luciarestaurant.com) Offering fine authentic Northern Italian specialities made with the freshest ingredients, including appetizers, bruschetta, pasta, chicken, veal, seafood, pizza and a large selection of vegetarian dishes. Located in downtown Newport, across from Brick Market Place. Great service in a friendly and charming atmosphere, where you can enjoy lunch or dinner as well as it being B.Y.O.B.



**NEWPORT DINNER TRAIN** 19 America's Cup Avenue, Post Office Box 1081 Tel: 401 841 8700 [info@newportdinnertrain.com](mailto:info@newportdinnertrain.com) [www.newportdinnertrain.com](http://www.newportdinnertrain.com) This is something really fun to do – step back in time to when dining aboard a luxury train was a statement of elegance and privilege. The 22-mile, two-and-a-half hour journey takes you along the scenic Narragansett Bay while you enjoy a pleasant lunch or dinner.

## later

**NEWPORT BLUES CAFÉ** 286 Thames Street, Tel: 401 841 5510 [bluesman@newportblues.com](mailto:bluesman@newportblues.com) Recognised as a world premiere blues club and presenting national acts in a city known for its blues festivals, this is a New York style café nightclub located on historic Thames Street in the heart of downtown Newport. **SALVATION CAFÉ** 140 Broadway Tel: 401 847 2620 [info@salvationcafe.com](mailto:info@salvationcafe.com) [go.salvationcafe.com](http://go.salvationcafe.com) Salvation Cafe is the sexiest, grooviest, tastiest and best kept secret in Newport. The food and the cocktails are exotic and fresh and frankly, so are the staff and the customers that love them. Salvation's two outdoor dining rooms and open-air tiki bar are the best place on the island to catch Newport's true local flavour. **THE BOOM BOOM ROOM** Clarke Cooke, Bannisters Wharf Tel: 401 849 2900 This is an infamous dance club beneath the Candy Store, which draws eclectic crowds throughout the year. The DJ mirrored booth plays dance music from Sinatra to the Black Eyed Peas. Open every Saturday night 9pm to 1am. **H20** 359 Thames Street Tel: 401 849 4466 [www.h20newport.com](http://www.h20newport.com) Live music and the only waterfront party deck in Newport. Food is fun, views are amazing and on week nights this is a very cheap night out (\$5 or \$2 for students) where you can dance the night away. **ONE PELHAM EAST** 270 Thames Street Tel: 401 847 9460 This nightclub is busy year round with live music most nights, drawing in a young crowd. There are pool tables available as well.

## marinas

**GOAT ISLAND MARINA** Newport Harbour Tel: 401 841 8868 [www.newportexperience.com](http://www.newportexperience.com) Goat Island is an island oasis in the heart of Newport Harbour. It has 175 slips for yachts up to 250 ft, 24-hour security and is only a 10-minute water shuttle to Downtown Newport. There is a spa and health club, tennis courts, outdoor pool, restaurant, café and pub, as well as a hair salon. **HOOD MARINA** Aquidneck Island [Mike@GregoryFCA.com](mailto:Mike@GregoryFCA.com) This is work in progress at the moment, with plans to develop The Newport Club, a 1,495 slip marina with retail shops, restaurants, residences and marine-related equipment facilities. When finished the Newport Club will be able to cater for yachts up to 500 feet, allowing owners of very large boats to dock in New England. **BANNISTER'S WHARF AND MARINA** 1 Bannister's Wharf Tel: 401 846 4500 [marina@bannistersnewport.com](mailto:marina@bannistersnewport.com) [www.bannisterswharf.net](http://www.bannisterswharf.net) Located in the centre of Newport Harbour, this is the home of some of the world's most famous yachts. There are 30 slips with a max LOA of 280 feet and all facilities are available. There are stores, boutiques and galleries along the wharf to keep crew and guests happy, as well as the Clarke Cooke House, which will provide you with excellent grub. Marina hours are 8am to 8pm. **CASEY'S MARINA** PO Box, 187 Newport Tel: 401 640 4458 [casey@caseysmarina.com](mailto:casey@caseysmarina.com) [www.caseysmarina.com](http://www.caseysmarina.com) Located in downtown Newport with plenty of parking, easy access to historic sites, mansions, shops and restaurants. Can cater for yachts up to 185 feet and offers a plethora of services, including ice, boat hauling, crane service, free telephone and wireless Internet. **NEWPORT MARINA** Lee's Wharf Tel: 401 849 2293 [info@newportmarina.com](mailto:info@newportmarina.com) can cater for boats up to 130 feet and has loads of things to do. There is a heated swimming pool, showers, gas grill and picnic area, wireless Internet, washer/dryer, parking and everything that downtown Newport has to offer within walking distance. It can also arrange for pump-out and diesel fuel to be delivered to yachts by barge or truck with the best fuel prices in Newport. **WESTWIND MARINA** One Waite's Wharf Tel: 401 849 4300 [WestWindRI@aol.com](mailto:WestWindRI@aol.com) [www.westwindmarina.com](http://www.westwindmarina.com) Room for yachts up to 185 feet LOA. The marina has two restaurants, three Bars, a laundry, bathhouses, off-street parking in a large private lot and Mail is delivered to the boat. Note that their season does not start till 21st April 2008 when they will reopen. **FORTY 1<sup>st</sup> NORTH** 351 Thames Street, Newport, RI 02840 [khalman@devinepowers.com](mailto:khallman@devinepowers.com) [www.41no.com](http://www.41no.com) Forty 1<sup>st</sup> North is making a splash with its state-of-the-art marina and waterfront-dining scene. The campus boasts a full-service marina; an upscale, 200-seat outdoor bar and restaurant with glittering views of the harbour; a flexible private event space; Christie's, a second, casual restaurant serving traditional New England fare alongside American comfort food; and four rental suites. Opening day for the 2008 season is Saturday, 10th May. The service-committed marina features newly constructed ipé floating docks, with slips for yachts ranging in size from 45 to 250 feet. With more than 7,000 pounds of electric cable in the main dock, Forty 1<sup>st</sup> North offers 480-volt electric service to meet the needs of the sophisticated systems in today's superyachts, along with a full programme of yacht services including onboard cleaning, VIP launch, wash-downs, and pump-outs. Private indoor and outdoor dining is available, plus shipside dining service.

## useful contacts

**AQUIDNECK ISLAND PSYCHOTHERAPY**  
174 Bellevue Avenue  
[gailcarpenter@msn.com](mailto:gailcarpenter@msn.com)  
Health and Wellbeing

**MARSH USA INC.**  
Newport Shipyard, One Washington Street  
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[www.mcmmnewport.com](http://www.mcmmnewport.com)  
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