



the crew
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THE TRAINING & RECRUITMENT ISSUE

BACKGROUND CHECKS | LIQUID NITROGEN
CREW RIGHTS | NEW ENGLAND

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NEW ENGLAND OLD CHARM

WORDS ISLA MCKECHNIE



BLOCK ISLAND, RI

THE NORTH-EAST COAST of the US, also known as the Eastern Seaboard or Atlantic Seaboard, is the stuff of sailing legend. Names like Newport, Martha's Vineyard and Cape Cod evoke images of colonial architecture, quaint towns, presidential connections and chowder, lots of chowder. We asked people who make their living in this stunning pocket of the US to give us their take on what to see, what to do, and most importantly, what to eat along this stretch of beautiful coastline.

USEFUL NUMBERS

- > International code +1
- > Emergency number 911
- > Port authority:
 - +1 212 435 3006 (New York and New Jersey)
 - +1 207 624 3565 (Maine)
 - +1 401 295 0044 (Rhode Island)

How would you sum up the north-east coast of the US?

Spectacular, diverse, vibrant, rugged and quaint. **Tom Delotto (TD)**, director of Newport Exhibition Group, RI. Diverse, high energy and always interesting. **Greg Holochwost (GH)**, general manager of Newport Yacht Club & Marina, NJ. Spring, summer, beaches, sailing and clam bakes. **Mark Del Giudice (MDG)**, marina manager at Forty 1st North, Newport, RI.

Charming, historic, quaint, picturesque and diverse. **Mike Yorston (MY)**, West Marine Megayacht Services (formerly Professional Captain's Services).

Where is the best place in the region to enjoy a bit of local flavour or hospitality?

In Newport and its historic Newport Harbor. **TD** The north-east coast is so varied that there is a tremendous variety of 'local flavour': New York City, the Jersey Shore, Long Island Sound, the Hudson River ... each has something different to offer. **GH** Camden, Maine is good because it's upscale but cozy, with the old Yankee flare and a rich tradition of historic boat building. **MY** Newport, RI, [the] sailing capital of the world. **MDG**

Where are the most popular places for nightlife, both for owners and crew?

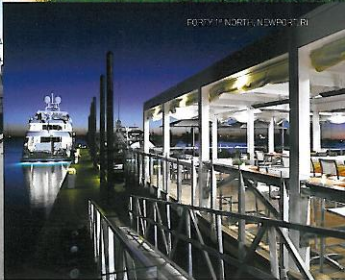
Newport's The Clarke Cooke House (its Boom-Boom Room or Sky Bar), Forty 1st North, The Palomar, The Moorings – Thames Street in general. **TD** For nightlife close to Newport Yacht Club & Marina,



THE CLARKE COOK HOUSE, NEWPORT, RI



MARTHA'S VINEYARD, MA



FORTY 1° NORTH, NEWPORT, RI

New York City can't be beat! And it is just a few minutes away via train. **GH** Newport, RI; Boston, MA; and Portland, ME are all great for nightlife and are bustling with fine restaurants and pubs, great local music and festivals.

MY

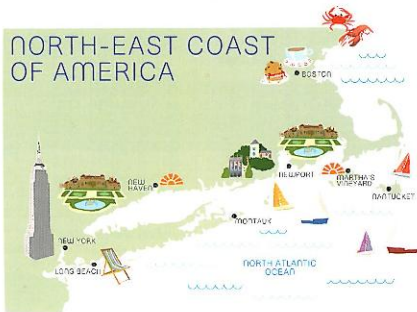
The Clarke Cook House, Forty 1° North or Café Zeld's, all in Newport. **MDG**

Where do you go to escape from it all in the region?

Maine, Cape Cod and the islands of Block Island, RI or Fishers Island, NY. **TD** A boat trip to Sandy Hook, where you can drop anchor to sit and watch sunsets and sunrises. Or go across to Atlantic Highland, NJ to pick up a mooring and have a nice dinner at the local restaurants. **GH**

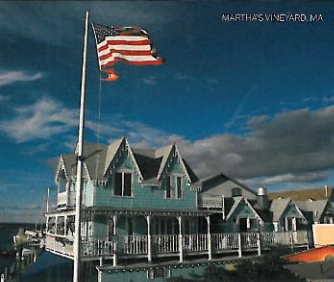
Cuttyhunk Harbor, MA. Go to the southern tip of the Elizabeth Islands on V neyard Sound ... [my] best-kept secret. **MY**

NORTH-EAST COAST OF AMERICA





CASTLE HILL, NEWPORT, RI



MARTHA'S VINEYARD, MA



BLOCK ISLAND, RI

➤ Rhode Island's beaches. **MDG**

What is the one thing visitors simply have to do or visit?

Have shellfish: Eat lobsters, littlenecks, clams and a bowl of chowder ("chowda"). Take a drive on scenic Ocean Drive. **TD**

Visitors must spend a day, or three, exploring Manhattan (NYC). **GH**

Eat fresh seafood like scallops, flounder, fluke, coc, haddock, lobsters, striped bass, quahogs, clams, oysters. These are just some of the favourites landed in New Bedford Harbour, the number one fishing port in the US, and are always available throughout the north-east. **MY**

Visit the Newport mansions and eat Maine lobster. **MDG**

Are any areas best avoided at night or if you are on your own?

All areas are very well policed. **TD**

Newport is very safe year round. **MDG**

Is there any produce made in the region that visitors shouldn't leave without trying?

Fresh local corn; we have an abundance of locally grown fresh produce. Go to a farmer's market to purchase. **TD**

Grapes and wine from Westport Rivers Vineyard and Winery, Westport, MA. Maple syrup from New Hampshire and Maine, fresh from the local trees. **MY** Local tomatoes and corn; try the farmers market on Memorial Boulevard, Newport. **MDG**

Where is the best place for

HAVE SHELLFISH:
EAT LOBSTERS,
LITTLENECKS,
CLAMS AND A BOWL
OF CHOWDER

visitors to experience life like a local for a day?

Go to any one of our beautiful beaches or experience the Bristol 4th of July parade. **TD** Manhattan; sample any of the thousands of restaurants in NYC and you'll instantly feel like a local. **GH**

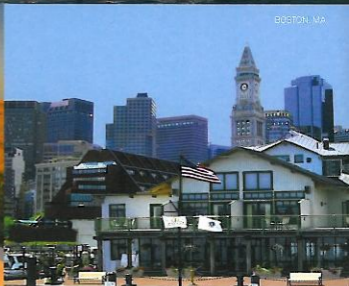
Any small port in New England will give you that experience but try Bristol, RI; it's surreal. **MY** Second beach and Café Zelda, Newport. **MDG**



NEWPORT, RI



CAPE COD, MA



BOSTON, MA

> **Can you recommend any good places to stay, both for lower budgets and for splashing the cash?**

Castle Hill (castlehillinn.com) to splash the cash and the B&Bs of Newport for lower budgets (See gonewport.com). **TD** Near our marina there are several hotels: Hyatt, Westin, Doubletree and Marriott Court Yard to name a few. **GH** New Bedford and Fairhaven Harbor; you can enjoy a great show at the Zeiterion Theatre (zeiterion.org), eat in delicious family-owned ethnic restaurants and be in the safest port in the north-east because of its impressive hurricane barrier. Nantucket has historical cobblestone streets with many charming upscale antique, jewellery, clothing shops and art galleries. **MY** Forty 1st North for owners and guests, Jail House Inn for crew. **MDG**

Where is the best anchorage or beach?

In Rhode Island: Potters Cove,

Portsmouth; Brenton Cove, Newport; and third Beach on the Sakonnet River, Middletown. **TD**

Far too many to pick one ... all along the Long Island Sound, the south shore of Long Island and the Jersey Shore; all have great anchorages and beaches! Close to Newport Yacht Club & Marina the best anchorage is Sandy Hook. Best beach is a tough one, I'm told Avon-by-the-Sea on the Jersey Shore is excellent. **GH** Old Harbor, Block Island with Mohegan Bluffs Beach and [anchor] just off Gay Head. Martha's Vineyard and its beach both have the greatest clay cliffs that are constantly being reshaped by Mother Nature. **MY**

Mackerel Cove, Jamestown, RI. **MDG**

What is the best heritage site or area that visitors should not miss?

There are many in Newport: Fort Adams, Trinity Church, Rose Island Lighthouse, Washington Square – Colony House, White Horse Tavern, Touro Synagogue and the Mansions on Bellevue Ave. **TD** The Statue of Liberty and Ellis Island, NYC. **GH** New Bedford, Massachusetts. Once the whaling capital of the world, it has a well-preserved whaling and fishing history (check out the New Bedford Whaling Museum), world-class yachting and boatbuilding. In Bristol, RI, the Herreshoff Museum has also preserved the Herreshoff history of yacht building and racing legends. **MY** Fort Adams State Park and Newport Mansions. **MDG**

With thanks to Tom Delitto, Newport Exhibition Group (newportexhibition.com); Eric Holckworth, Newport Yacht Club & Marina (nycmn.org); Mike Yorstad, West Marine Megayacht Services (westmarine.com); and Mark Del Giudice, Forty 1st North (41north.com).

ROUND-UP OF MARINAS IN THE REGION

MASSACHUSETTS (MA)

BOSTON YACHT HAVEN (IGY)

thebostonyachthaven.com

Commercial Wharf, Boston, MA

Telephone:	(+1) 617 367 5050
Email:	klusler@igymar.nas.com
Min water depth:	6.1m (20ft)
Tidal range:	2.4m (8ft)
Berths over 30m:	10
Berths over 45m:	22
Berths over 60m:	22
Max vessel length:	91.4m (300ft)
Dock height:	0.3m (1ft)
Dock type & mooring:	Floating, alongside & stern-to
Berth cost:	\$6.50/ft/night
Shore power cost (per day):	\$30 (30A/208V & 240V); \$40 (50A); \$120 (100A)

Water cost:

Included

Distance to airport: 3km (2mi)

Recycling facilities: Glass, plastic, aluminium

THE MARINA AT ROWES WHARF

themarinaatroweswharf.com

Rowes Wharf, Boston, MA

Telephone:	(+1) 617 748 5013
Email:	Contact via website
Min water depth:	2.7m (9ft)
Tidal range:	2.8m (9.5ft)
Berths over 30m:	5
Berths over 45m:	5
Berths over 60m:	3
Max vessel length:	76m (250ft)
Dock height:	0.9m (3ft)
Dock type & mooring:	Floating, alongside & stern-to
Berth cost:	\$7.50/ft/night
Shore power cost (per day):	\$30 (30A); \$40 (50A); \$75 (100A)
Water cost:	Included
Distance to airport:	1.8km (1mi)
Recycling facilities:	Glass, plastic, aluminium

NEW YORK (NY)

DENNIS CONNER'S NORTH COVE

thenorthcove.com

Battery Park City, Lower Manhattan, NYC

Telephone:	(+1) 212 786 1200
Email:	mike@thenorthcove.com
Min water depth:	5.5m (18ft)
Tidal Range:	1.4m (4ft 6in)
Berths over 30m:	11
Berths over 45m:	9
Max vessel length:	55m (180ft)
Dock height:	Floating 0.6–0.9m (2–3ft); fixed (depends on tide) 0.3–1.5m (1–5ft)
Dock type & mooring:	Both fixed and floating, alongside and stern-to
Berth cost:	\$8/ft/night
Shore power cost:	\$0.25/kWh
Water cost:	Included
Distance to airport:	21km (13mi)
Recycling facilities:	N/A

MONTAUK YACHT CLUB RESORT & MARINA (IGY)

igy-montauk.com

Montauk, East Hamptons, NY

Telephone:	(+1) 631 668 3100
Email:	info@montaukyachtclub.com
Min water depth:	2.7–3.6m (9–12ft)
Tidal range:	0.9m (3ft)
Berths over 30m:	13
Berths over 45m:	4
Berths over 60m:	1
Max vessel length:	66m (225ft)
Dock height:	0.9m (3ft)
Dock type & mooring:	Fixed, alongside to & stern-to
Berth cost:	\$5.50/ft/night
Shore power cost (per day):	\$100 (100A/single phase); \$250 (100A/3-phase)
Water cost:	Included
Distance to airport:	97km (60mi)
Recycling facilities:	Waste oil

MAINE (ME)

SPRING POINT MARINA

portbarbormarina.com

South Portland, ME

Telephone:	(+1) 207 787 3254
Email:	spmar.me@portbarbormarina.com
Min water depth:	2.1m (7ft)
Tidal range:	3.0m (10ft)
Berths over 30m:	2
Berths over 45m:	2
Berths over 60m:	1
Max vessel length:	60.3m (200ft)
Dock height:	0.4m (15in)
Dock type & mooring:	Floating, alongside
Berth cost:	\$3.00/ft/night
Shore power cost (per night):	\$8 (30A/50A); \$16 (100A)
Water cost:	Included
Distance to airport:	8km (5mi)
Recycling facilities:	Aluminium, waste oil



ROUND-UP OF MARINAS IN THE REGION CONT.

NANTUCKET BOAT BASIN

nantucketboatbasin.com

Nantucket, MA

Telephone: (+1) 508 325 1350
Email: gbasett@niresorts.com
Min water depth: 4.6m (15ft)
Tidal Range: 0.8m (3ft)
Berths over 30m: 18
Berths over 45m: 12
Berths over 60m: 8
Max vessel length: 91m (300ft)
Dock height: 0.9-1.8m (3-6ft)
Dock type & mooring: Fixed, alongside & stern-to
Berth cost: \$5.50-7.75/ft/night
Shore power cost (per cord per day):

\$20 (30A); \$55 (50A); \$75 (100A/single phase); \$105 (100A/3-phase)
Water cost: Included
Distance to airport: 4.8km (3mi)
Recycling facilities: Glass, plastic, aluminium, waste oil

VINEYARD HAVEN MARINA

mvhm.com

Martha's Vineyard, MA

Telephone: (+1) 508-690-0727
Email: vineyardhavenmarina@vineyard.net
Min water depth: 1.5m (5ft)
Tidal range: 0.6m (2ft)
Berths over 30m: 4
Berths over 45m: 4
Berths over 60m: 2
Max vessel length: 64m (210ft)
Dock height (min): 0.6m (2ft)
Dock type & mooring: Fixed, alongside
Berth cost: \$5.50/ft/night
Shore power cost (per night):

\$35 (50A); \$70 (100A); \$100 (100A/3-phase)
Water cost: Included
Distance to airport: 8km (5mi)
Recycling facilities: Waste oil disposal

CONNECTICUT

ESSEX ISLAND MARINA

essexislandmarina.com

Essex, CT

Telephone: (+1) 860 767 1267
Email: essexisland1955@aol.com
Min water depth: 2.5m (8ft)
Tidal range: 0.9m (3ft)
Berths over 30m: 2
Berths over 45m: 1
Max vessel length: 45m (148ft)
Dock height: Varies
Dock type & mooring: Floating & fixed, alongside
Berth cost: \$4.70/ft/night
Shore power cost: Included
Water cost: Included
Distance to airport: International 72km (45mi); local 18km (10mi)
Recycling facilities: Glass, plastic

RHODE ISLAND (RI)

FORTY 1st NORTH

41north.com

Newport, RI

Telephone: (+1) 401 848 7950
Email: mdel@41north.com
Min water depth: 4.3m (14ft)
Tidal range: 1.2m (4ft)
Berths over 30m: 5
Berths over 45m: 5
Berths over 60m: 2
Max vessel length: 91.4m (300ft)
Dock height: 0.6m (2ft)
Dock type & mooring: Floating, alongside
Berth cost: \$4.50-7.50/ft/night
Shore power cost (per day):

\$20 (30A); \$30 (50A); \$80 (100A/single phase); \$95 (100A/3-phase); \$195 (100A/480V); \$390 (200A/480V)
Water cost: Included
Distance to Airport: 29km (18mi)
Recycling facilities: Glass, plastic, aluminium, waste oil

HINCKLEY YACHT SERVICES

hinckleyyachts.com

Portsmouth, RI

Telephone: (+1) 401 683 7100
Email: jker@hinckleyyachts.com
Min water depth: 4m (13ft)
Tidal range: Up to 2m (6ft 6in)
Berths over 30m: 8
Berths over 45m: 2
Berths over 60m: 2
Max vessel length: 183m (600ft)
Dock height: 0.5m (1.5ft)
Dock type & mooring: Floating, alongside
Berth cost: \$4.25/ft/night
Shore power cost: Included
Water cost: Included
Distance to Airport: 32km (20mi)
Recycling facilities: Glass, plastic, aluminium, waste oil

NEWPORT SHIPYARD

newportshipyard.com

Newport, RI

Telephone: (+1) 401 846 8000
Email: ccooffice@newportshipyard.com
Min water depth: 3m (10ft)
Tidal range: 1.2m (4ft)
Berths over 30m: 20
Berths over 45m: 15
Berths over 60m: 3
Max vessel length: 91.5m (300ft)
Dock height: 0.8m (2ft 6in)
Dock type & mooring: floating, alongside
Berth cost: \$5.00/ft/night
Shore power cost (per night):
 \$12 (20A/120V); \$20 (30A/120V); \$30 (50A/220V); \$60 (100A/220V); \$105 (100A/3-phase).
Water cost: included
Distance to airport: 48km (30mi)
Recycling facilities: Glass, aluminium, plastic, waste oil